

Romans 7:14-8:8 Study Guide

Taken from *A Graceful Uprising* Study Guide

Key Concepts

- Although a Christian still sins, he/she is not condemned being justified by faith in Jesus.
- Christians face the daily struggle of living in two worlds: having a redeemed spirit and a yet-redeemed body.
- Jesus traded place (and faces) with us on the cross and he fully paid the consequence for the believer's sins.
- A person who walks by the Spirit has a life that is oriented toward spiritual matters.

Explore the Text

1. The Christian's basic struggle is between the willing and the doing (7:14-24). Describe a time in your life when you wanted to do something but seemed unable to do it. How did it make you feel?
2. In the very midst of our sin, God looks at the Christian and says no penalty for you (8:1). How can God not penalize the Christian for sin and have integrity?
3. God himself was able to accomplish for us what the law was unable to do (8:3-4). How did God fulfill the requirement of the law (that we be punished for our sin) and yet provide us forgiveness?
4. Salvation is provided for those who walk according to the Spirit rather than living for the flesh (8:4b). What does it mean to you to walk according to the Spirit?

Transform Your Life

1. Read Romans 7:21-24. How do you relate to what Paul describes here?
2. How might a deeper awareness of God's grace actually break the chains of sin in your life?
3. What changes in your life do you need to make that would help you have more of a spiritual mindset?
4. How does God's patience and grace toward you make you feel toward him?