



LET'S VISIT

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MAKING PEACE WITH SELF

When we think of the peace that Jesus offers, one of the things that we think of is peace with oneself, or peace of mind. What would that be? It would be serenity, calm, quiet and comfort of mind. It would be the absence of mental stress or anxiety. I read the other day the medical doctors estimate that more than 25% of their patients are what they have called the "well-worried". They spend a lot of time examining people who are not sick. They are only worried.

Let's be honest. The diet of our day and time is worry. We are plagued by that "what if?" problem. What if my car was demolished? What if I get laid off from my job? What if my house is burglarized? What if I get cancer? What if....? If we have a good job we worry that we will lose it. If we have good health we worry that we won't have it long. From breakfast until bedtime our lives are characterized by worry. I have even known people whose biggest worry is that they can't think of something to worry about. Sometimes it seems we are as worried as a centipede with athlete's foot.

Most of us can identify with the woman who went to the doctor. She told him she was seriously ill. She even named the disease she suspected she had. But the doctor said she couldn't possibly have that disease. You see it was never accompanied by any discomfort. She replied, "That's just it, doctor. That's what I'm so worried about. I feel absolutely wonderful."

A boy once confided to a friend that his mother was a real worrier. One cough and she thinks I've got bronchitis. One headache and she thinks I have a brain tumor. One little lie and she is convinced I'm going to become a politician.

Anxiety is a serious problem. Anxiety is distress. It is characterized by mental agitation and

uneasiness. It primarily has to do with what may happen in the future. Actually, it seems we are like the man who said, "don't tell me worrying doesn't do any good. None of the things I worry about ever happen.

Anxiety disrupts work, family and social lives. It even causes some folks to become homebound and is the most common of all mental disorders. To be sure, it is one of the most counterproductive things that we can do. Like a rocking chair, it gives you something to do, but it won't get you anywhere. As one person said, "worry is a fast getaway on a wooden horse". In our day and time, the lack of peace of mind is a very common problem.

Anxiety is not something that Christians are immune to. The most faithful and devoted saints can worry and be troubled. However, anxiety can hinder our service to the Lord. It is also often a reflection of "little faith" on our part. Jesus tells us in the Sermon on the Mount to not worry about food and clothing. He also tells us not to worry about tomorrow's problems.

Jesus offers us peace of mind. In John chapter 14, to his disciples Jesus says "my peace I give to you". He tells them they need not be troubled nor afraid. In another place he says we can have peace in him and then in John chapter 16 he says to be of good

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In Search of the Lord's Way



Tune in to this Television Ministry
KSHV 45 -Shreveport - 7:30 a.m. Sunday
DISH channel 239 - 6:00 a.m. Sunday
DIRECT TV channel 307 - 6:00 a.m. Sunday

Gathered Here and There



Following Jesus – But Not Too Close

For The Pantry. . .

July 19 – Canned Corn



**July 12, 2026
\$ 2,527.00**

The Lord's plan of giving ... "as ye have prospered"

Making Peace With Self – Continued from page 1

cheer. Jesus promises a peace that he and he alone can provide.

We must keep in mind that the peace of mind that Jesus offers is not of this world. It is not peace as the world gives. It is the peace of God. It is a peace that passes understanding and guards the heart. Anxiety with its worry and fear need not trouble the faithful child of God. After all, we belong to Jesus. However, to enjoy this kind of peace we must be willing to heed the teachings of Jesus. We must be willing to obey his commands and live his kind of life. When we do that and Jesus is the Lord and master of our lives, the glorious promise of John 14:27 belongs to us. Jesus said, "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."

tp

What Would You Do?

What would you do if you employed a man to work for you in your home or your business, but he only showed up at mealtime or on payday – never doing a "lick" of work to further your welfare or

business? How long would you keep him on the payroll? You probably would see to it that he did not remain long.

The Christian is a laborer the Lord has "hired" to work in His vineyard. How long will he remain in the Lord's employ if he only shows up at "feeding time" on Sunday – missing that so often he can never be depended upon?

The Christian is a soldier in the Lord's army, recruited to fight with the Lord against the hosts of Satan. If he "never has time" to fight, but only shows up "once-in-a-while for "chow" how long will the Lord permit him to remain in His ranks?

The Christian is an athlete on the Lord's track team (Hebrews 12:1-2) carrying the Lord's colors on the field of Spiritual endeavor. If he never practices his profession and only shows up at the "training table" when he has nothing else to do, how long will the Lord keep him on His team?

Paul would write, "Be not deceived, God is not mocked, for whatsoever a man soweth, that shall he also reap"(Galatians 6:7)

-W. L. Fry

On The Lighter Side. . .



"...AND TAKE CARE OF YOURSELF, 'CAUSE IF ANYTHING HAPPENS TO YOU, WE'RE IN A LOT OF TROUBLE."



September 13, 2026

**Make Your Plans To Be Here!
Invite Others To come be our guest!
Let's Have a Great Day to the Glory of God**



Our next Wednesday night meal together will be on July 22, 2026. Make your plans to be here and enjoy a time of fellowship.



Norma Cortez (Manny Ortiz mother) is scheduled for shoulder surgery and in need of our prayers.

OUR "CHURCH FAMILY"

Cissy Amos, Stanley Amos, LaJuan Baugh, Gene Bradshaw, Martha Bradshaw, Martha Jean Golden, LaResa Livingston, Mike Lout, Debra Pate, Jerry Pate, Betty Willis

"EXTENDED FAMILY" AND FRIENDS

Tami Abernathy (friend of Isaiah & Amanda Molloy hospitalized) **Leslie Adams** (friend of Diedra Hughes) being treated for brain cancer; **Peggy Baylor** (Tim Bradshaw's mother) **Debra Clifton** (friend of LaResa Livingston) **Coleen Dickerson** (friend of Cissy Amos with leukemia) **Hugh and Pat Fletcher** (Sarah Fletcher's brother and sister-in-law dealing with multiple health issues) **Joyce Fontenot** (Debra Pate's mother) **Pat & William Ford** (cousins to Martha Bradshaw) **Dot Grant** (Friend of Debra Pate) **Suzi Hogan** (Mike Bostick's sister-in-law) **Debbie Lynn** (Abbey Perkins' mother dealing with memory issues) **Albert Magby** (Melonie Bradshaw's father) **Karen McCormick** (friend of Sarah Fletcher) **Doug "Goob" Milford** (cousin of Amanda Molloy) **Calvin Smith** (Debra Pate's uncle); **Heather Simmons Stewart** (Friend of Cissy Amos) cancer; **Max Windham** (Friend of LaResa Livingston) additional cancer treatments.

THOSE IN THE MILITARY AND FOREIGN SERVICE

Cole Barbee, Adam Bradshaw, Rosie Tate and Lucas Tate

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IMPORTANT DATES FOR 2026

Reserve these dates for important events in the life of our Church for 2026

December 6, 2026 – "No Excuse Sunday"
December 20, 2026 – Annual Christmas Party

Communion Preparation - July

Manny & Brittany Ortiz



Across The Preacher's Desk

The cross on Calvary's hill was already casting its shadow on Jesus when he told his disciples to "love one another" (John 1:34) and then He said, "by this shall all men know that ye are my disciples if ye have love one to another" (John 13:35)

Sadly, of all the commands Jesus gave, this is more talked about and less obeyed than any of them. If we mean anything when we profess to have love for our brothers and sisters in Christ, it should show itself in our dealings with them.

Love is to be the grand characteristic and distinguishing mark of the followers of Jesus. Notice, Jesus does not name gifts or miracles as being the mark of a Christian. He does not tell us that "Holy Ghost Baptism" is the mark of a Christian. He says it is love. A grace within the reach of the poorest, lowliest believer on the face of the earth.

We can have sound doctrinal opinions, we can be completely orthodox in our view of the Gospel and still be wanting in the eyes of Jesus. If we in our daily lives, give way to ill-temper, malice, envy, quarrelling, squabbling, bickering, surliness, passion, snappish language and cross words, we are not exemplifying Jesus in our lives. It is useless for us to talk about justification and regeneration unless others can see in us practical Christian love as Jesus commands.

"By this shall all men know that ye are my disciples, if ye have love one to another". How are we doing with that?

it's something to think about.....thp

**The Lord's Plan
For Evangelism –
Each one Bring one!
Will you?**