

# An Inferiority Complex

Jesus said he came that we might live the abundant life. To do that we must believe in God and believe in ourselves. We must also sometimes overcome an inferiority complex. Most of us have had moments when we feel defeated and inadequate. Those times when we feel inferior as we face the circumstances of life. So many people in our world fail to live up to their potential. The reason is their fear of failure. They are gripped by the fear of being laughed at. Afraid of being misunderstood or embarrassed.

A person with an inferiority complex feels a myriad of emotions. They are worried that nothing will work out right. Life is hard and they feel so alone. Others get all the breaks and they don't get any. They have responsibilities they cannot handle. They often feel their efforts are futile. Sometimes they feel life has no real significance.

Yet, God in His word shows us how to gain confidence and power. He shows us the path to follow if we are unwilling to quit. There is a story recorded for us in I Samuel chapter 17. Two armies are at war. They are camped on opposite sides of a valley. When the story opens, there is a lull in the fighting.

One morning, a man named Goliath comes out of the Philistine camp. He was a tremendous man. His height was six cubits and a span, meaning he was about 9 feet tall! He has a helmet of brass and a coat of iron. There are heavy coverings on his legs. He has a long spear and enormous shield. He was a fearful looking sort of man.

He cried out to the armies of Israel, taunting them. Challenging them to select a man to come and do battle. When Saul and all Israel heard those words of the Philistine, "they were dismayed and greatly afraid" (I Samuel 17:11) That means they were scared to death! Goliath gave the entire army of Israel an inferiority complex. There were several sons of Jesse in the army of Israel. Jesse had been concerned about his boys in the army so he sent young David to check on his brothers. He took them some extra food their father sent. No doubt visiting the camp was a thrilling experience for David. He found his brothers.

While they were talking, Goliath came out to taunt Israel. Young David saw how the men ran from him. He saw how afraid they were of the giant. So, young David, the shepherd boy, goes to see Saul. He volunteers to fight Goliath. Saul laughs and said he was just a boy. So David tells the king how he has killed a lion and a bear. Animals that were coming to attack his sheep. He told the king God gave him strength in those fights and he believes God will help in his fight against Goliath. The king gave his permission. Down the mountain and across the valley David marched. He was going to do battle with Goliath.

Let's be honest. We all face giants. David is not the last person to be confronted by a Giant. The fact that we all have our giants we must face is the reason so many people develop inferiority complexes. If there were no giants, we would not feel inferior.

Some of our giants are real and some are imaginary. Yet, real or not, the trouble comes when we allow the giants to make us as grasshoppers like the giants in the promised land made the Children of Israel feel. They make us dismayed and afraid. So,

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#### In Search Of The Lord's Way



Tune in to this Television Ministry KSLA 12 – Shreveport -7:30 a.m. Sunday DISH channel 239-6:00 a.m. Sunday DIRECT TV channel 307 -6:00 a.m. Sunday

## **Gathered Here and There**



#### **Today's Sermon**

## Guest Speaker Matt Perkins

#### For The Pantry. . . Orange Juice

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often, instead of giving our best, we give up and quit.

The giants we face can take various forms. They might be some physical handicap or a hard job we are facing. Then again, the giant we face may be deep sorrow, financial debt or loneliness. Notice that David did not minimize the strength of the giant. However, he also did not let the giant minimize him. The first step in overcoming feelings of inferiority is to consider our own strength and power. We must also consider the strength of our opponent. After we consider the strength of our giant and our own strength, it is time to go out and do battle.

David's fight seemed to be a hopeless fight. A shepherd boy facing a giant trained in the art of warfare. The giant is fully armed. David only has a sling and some small stones. Goliath disdained him and cursed him and vowed to feed his flesh to the fowls of the air and beasts of the field. However, David is not afraid. He calmly replied to the Giant. A reply that was an expression of faith. He told Goliath that he came in the name of the Lord. David is ready to do battle in the name of God. So, David carefully placed the stone in his sling. He whirled it around his head, took aim and let it go. The stone found its mark on the giant's forehead. He fell on his face.

David had 5 stones but he needed only one. If we use what God has given us, we have more than we need to win the victory. The army of Israel took courage from David, took out after the Philistines and routed them.

This story has meaning for us. When we stand at our full height in the face of obstacles. When we refuse to shrink back. When we instead give our very best. When we sincerely say to life, I come to you in the name of the Lord. It is then the inhibitions are taken away, the tangles are cleared, the clouds are lifted and we are victorious.

tp

### On The Lighter Side. . .



OF ALL THE CRUCIAL THINGS I HAD ON MY AGENDA TODAY, I CONCLUDED THAT APPEARANCES WAS THE LEAST IMPORTANT

Each One Bring One! 52 in '22 Invite Someone Each Week!

Hitting the ceiling is no way to get up in the world.

A chip on the shoulder finally becomes a very heavy load.

## Miscellaneous

- MARK YOUR CALENDAR Sunday, December 4<sup>th</sup> will be our next covered dish luncheon. We will then celebrate birthdays and anniversaries for December, January and February. Circle the date on your calendar and make your plans to be here!
- **<u>BIBLE STUDY</u>** It is still our desire to have as many "Bodies in Benches" as possible for our Sunday Morning Bible Class at 9:45 and our mid-week Bible Study on Wednesday at 7:00 p.m. If you can be here *PLEASE* make your plans to do so.
- WEDNESDAY NIGHT MEAL Remember we are planning to have a meal before our services this coming Wednesday October 26<sup>th</sup>. There is a sign up sheet on the shelf in the fover. PLEASE SIGN UP IF YOU ARE PLANNING TO JOIN US FOR THE MEAL WEDNESDAY PRIOR TO NIGHT SERVICES.
- <u>SUNNY GLEN TRUCK</u> The truck from Sunny Glen Children's Home will be here the week of November  $15^{th} - 17^{th}$ . They have requested Pancake Mix, Cup Noodles, Crackers and Orange Juice. These will be our pantry items for the next several weeks and will be listed on the back of the calendar.
- **NEW PICTORIAL DIRECTORY** It has been 12 years since we last published a pictorial directory and obviously much has changed since then. We plan to take pictures and publish a new directory after the first of January. However, this will be a bit different. This directory will be accessible with an app on your phone. You will be able to print it but for most people the easiest way to access it will be on your "smart phone". There are also other features that will be helpful in this app. Please, when we get ready to start with picture taking, be sure to sign up and let's try and have everyone's picture in this directory. There are other good things coming next year also.



### Those To Remember In Prayer

Debbie Lynn (**Abbey Perkins** mother) is suffering with the beginnings of dementia and depression.

We extend our sympathy to **Melonie Molloy** and her family in the passing of her mother-in-law Winnie Molloy. Her services were held this past Thursday in Timpson.

We also extend our sympathy to **Kenley Dover** and his family in the passing of his grandfather Daniel New. His services are scheduled for Monday at the Rusk Church of Christ.

#### **OUR CHURCH FAMILY**

Roxie Bostick, Gene Bradshaw, Martha Bradshaw, Martha Jean Golden, Geneva Graves, Alice Hall, Thelma Hinton, Louise Johnson, Tiffanee Klein, Debra Pate, Jerry Pate, Wayne Sims, Betty Willis

#### **"EXTENDED FAMILY" AND FRIENDS**

Mitchell Anthony (LaResa Livingston's brother) Ana Blair (friend of Debra Pate) Sandra Hogan (friend of Roxie Bostick) Suzie Hogan (Roxie Bostick's sister) Lamar McCormick (friend of Sarah Fletcher, multiple health issues) Calvin Smith (Debra Pate's uncle) heart and blood pressure issues; Tina Vaughn - cancer

#### **'INTERNET FRIENDS"**

(These are people who have become acquainted with the Center Church of Christ either through Facebook or our Website and have requested to be put on our prayer list)

Mason McConnell, Frankie & Mandy McConnell, Wayne Minter, Courtney Workman

THOSE IN THE MILITARY AND FOREIGN SERVICE Leland Bradshaw, Michele Bradshaw Jeremiah Soape, Rosie Tate and Lucas Tate

If you want someone added to the prayer list, please fill out a card and put it in the offering plate.





Across The Preacher's Desk

Have you ever noticed how complicated some folks want to make religion? We live in a world of problems. Preachers even spend a lot of time pointing out the problems of our time. Yet, the world is not asking for an elaboration on the problems, rather the world is seeking solution to those problems.

It sometimes reminds me of the accident study conducted about accidents in the home. When it was revealed that 90% of all accidents occurred either at the top or bottom of the stairs, the computer solution was to remove the top and bottom step.

Often, we are searching for complex solutions to our present day problems and anxieties. Yet, the God of heaven, who is high and holy, is not insensitive to the hurts and problems you and I face. He offers a simple solution to modern day problems in every area. Remember the words of Jesus in John 14:1? He said, "Let not your hearts be troubled, ye believe in God, believe also in me."

We need to stop focusing on ourselves and focus on others. We need to follow the example of Jesus who "went about doing good" (Acts 10:38). We need to realize that real security is built upon trust in God and that God is ever the source of real security.

When we spend more time with the solutions provided in the word of God and live a life obedient to the will of God we will find that we have a simple solution to the stress of life.

it's something to think about.....tbp

The Lord's Plan For Evangelism –

Each one Bring one! 52 in '22! 53 in '23!