

I don't know about you, but I'm currently experiencing the effects of Sunday's "Spring Forward." When the alarm goes off it's more difficult to wake up, when the clock says it's time for bed, it's more difficult to fall asleep. The kids are confused about why it's so dark in the morning, though it is nice to have that extra hour of sunlight in the evening after work. What happened to us Sunday to cause this confusion!?

The story of Daylight Saving Time (DST) begins in World War I. Facing coal shortages and the need to conserve fuel for the war effort, Germany and its ally Austria-Hungary became the first nations to implement DST officially. On April 30, 1916, they advanced clocks by one hour to reduce reliance on artificial lighting. Several other European countries quickly followed. The United States adopted it two years later. On March 19, 1918, Congress passed the Standard Time Act, which not only established official time zones but also introduced nationwide Daylight Saving Time from the last Sunday in March to the last Sunday in October. The goal was energy conservation during wartime, mirroring Europe's approach. Post-war years saw inconsistency—some states and cities observed DST, others didn't—creating confusion for travel and commerce.

To bring uniformity, Congress passed the Uniform Time Act in 1966, standardizing DST nationwide (with opt-out provisions for states) from the last Sunday in April to the last Sunday in October. The current schedule (the second Sunday in March to first Sunday in November) comes from the 2005 Energy Policy Act, aiming to extend evening daylight and potentially save energy. As long as I can remember, DST remains debated. Some argue it saves little energy, disrupts sleep and health, or favors certain industries, while others value the longer evenings. Proposals to make it permanent or abolish it entirely continue in Congress and state legislatures. Yesterday I heard someone mention it's like cutting off a few inches from one side of a blanked to sew it to the other side!

Human attempts to "save" time shift with circumstances. Clocks are adjusted, laws rewritten, and practices debated endlessly. Yet in the midst of all this change, Hebrews 13:8 declares an unchanging reality: "Jesus Christ is the same yesterday and today and forever."

Our Lord requires no seasonal adjustments. The Jesus who taught on the hills of Galilee, healed the broken, forgave the sinful, and willingly went to the cross is the same Savior who intercedes for us now. He is the same risen Lord who promises His presence in every season of life—through joy, sorrow, uncertainty, or upheaval. And He will be the same glorious King when He returns to rescue His people.

While the world tinkers with hours and calendars, chasing efficiency or convenience, we find our security in the One who stands outside of time. Malachi 3:6 reminds us, "I the Lord do not change." In a world that continually changes through technological innovations, shifting morals, political tides, even annual clock changes, Jesus remains our steadfast anchor.

Time may be manipulated by human hands, but eternity is held securely by our God. We can trust His faithfulness, draw near to Him in confidence through Jesus Christ, and live with hope in the Savior who never varies.

## On Our Prayer List... \*May we always be using God's blessing & power of prayer for one another: Jesus told his disciples a parable to show them they should always pray & not give up. Luke 18:1.

### {Recent Medical concerns/updates}

\*Ty Adams-knee injury-Dr appt on 3/10  
 \*Wade Tummins-cardiology appt on 3/11  
 \*Randy Stewart-surg on 3/11 & Jeff Stewart on 3/12 (both Ruby Dell England's son)

### {Upcoming Surgeries-Recovery}

\*Marsha Patrick- has follow-up Dr visits.  
 \*Gary & Pam Davis-as Gary continues to recover.  
 \*Judy Simpson-upcoming 4-heart bypass surg.

### THOSE DEALING/BEING TREATED FOR CANCER:

\*Jimmy Phy-CA  
 \*Lillian Childress-successful radiation treatment  
 \*Dale Street-(N. Buttrey grandfather)CA  
 \*Hudson Jones-(2yr old son of Dan & Catherine,Walnut St COC-Leukemia)  
 \*Robert Gardner (friend of Bill Williams) CA  
 \*Alan Jones-esophageal CA-treatments  
 \*David Stokes-(Jordan Stokes & Carly Stone's dad) & Drew Swearns step-dad

\*Houston Howell  
 \*Casey Vailes

\*Brian Gill-CA-treatments  
 \*Mack Winstead-CA-continued prayers  
 \*Vicki Donegan-taking treatments-needs prayer  
 \*David Nowlin-CA treatments-WcoC elder  
 \*Jackie Borders-Lauren Stuart's mom  
 \*Maggie Wright -(friend of N. Buttrey) CA  
 \*Debbie Gafford-(friend of Diane Curtis)  
 \*Jerry Honea-cancer

### Listed below are those that are continuing to have on-going medical issues that are in need of our prayers.

\*Jim & Betty Suddeath \*Hattie Tate \*W. R.&Louise Long \*Al & Vicki Peek \*Jerry Martin \*Diane Curtis  
 \*Carlene Davis \*Chase Lewis \*Doug Simpson \*Josh Barnett \*Joe Wright \*Lillie Grigsby  
 \*Sue Edmission \*Alyssa Gold \*Carolyn Wilson \*Scotty Palk \*Margie Gunn \*Thelma Davidson  
 \*Shane Cobb \*Larry Fuqua \*Claude Hurt \*Marcia Simpson \*Nancy Daniel  
 \*Savannah Patrick-(Rhetts syndrome-Marsha Patrick's granddaughter-she loves cards) c/o Jaimie Patrick—111 McJury Lane, Lafayette, TN

### {Assisted Living/Nursing Home/Rehab}

AHC Decatur County-726 Kentucky Ave,Parsons,TN 38363Wyle Marshall-(Rm 726) (Traci Adams dad)  
 NHC-812 N.Charlotte, Dickson,TN 37055  
 Humphreys County NH 104 Fort Hill Rd. Waverly,TN 37185-June Dreaden- Rm 204  
 Magnolia Place-811 W. Main St, Waverly, TN 37185-Jimmy Tyler-(room 106)  
 Waverly Hills Post Acute-895 Powers Blvd, Waverly, TN 37185-Bertha Bradford-rm 102A / Gary Pace

### At Home in McEwen

Jim & Jane Ridings-172 Indian Ck Rd  
 Robert Bradford-347 Brown Mill Rd.  
 Jimmy Mullinicks-56 Mike Street

## ANNOUNCEMENTS & UPCOMING EVENTS



**Our Spring Meeting**  
 is just around the corner!  
 April 5th -8th with lessons on  
 [Jesus: Light, Liberty & Life]  
 Sunday morning-John Jones.  
 Then Sunday night @ 6:00 PM &  
 Monday-Wednesday @ 7:00 PM our  
 speaker will be Issac Bourne.

Remember  
 Walnut  
 Street  
 COC-  
 SONGFEST  
 this  
 Saturday,  
 March 14th  
 from  
 3:00-5:00.

\*Spring Break Youth Retreat- starts this coming Saturday, March 14th thru Monday, March 16th @ Rock-N-Refuge, here in McEwen.

Will be here on Monday March 23rd from 1:30-5:30.

Our 5th Sunday Meal on March 29th will be "Meet, Eat & Meet" again @ 1:30, with our Youth conducting the afternoon service. There will be no pot-luck meal on April 5th which is the start of our Spring meeting, but is also Easter Sunday.

## IN.F.O.C.U.S. Faith, Obedience, Character, Unity, Salvation

Our devotional Sunday night was our only youth event for this past weekend. We began with a great meal provided by Thomas and Ayla Cook. Laurie and I appreciate their willingness to host. It is always great to be able to end a Sunday fellowshiping with our church family and friends. After we enjoyed the meal and fellowship, we spent time together singing. Jacen led the singing and did a great job! We had 11 youth and 12 adults in attendance. I appreciate everyone that came and for the time we all had to be together. Our Spring Break youth retreat is just around the corner. We head out Saturday morning for two a night getaway at the Rock N Refuge. I always look forward to this great trip with our youth. Please pray for good weather, safety, and a successful trip.

