

## A Good Kind of Tired

After our Vacation Bible School last week and the massive amounts of work that our members put into it, I saw some tired faces at worship on Sunday. It got me thinking about something. Can there be good and bad types of “tired”?

In our fast-paced world, tiredness is a constant. We rush from one commitment to the next only to collapse at the end of the day feeling drained and empty. This is the tiredness of busyness, a weariness that leaves the soul empty. But there is another kind of tired: the good kind that comes from pouring ourselves out in diligent, faithful work for the Lord. This tiredness refreshes the spirit even though it wearies the body.

The Bible speaks plainly about the exhaustion that flows from chasing the wind. Solomon, in all his wisdom, observed the futility of life “under the sun” apart from God: “What has a man from all the toil and striving of heart with which he toils beneath the sun? For all his days are full of sorrow, and his work is a vexation. Even in the night his heart does not rest” (Ecclesiastes 2:22–23). Busyness without eternal purpose produces a heavy burden. Jesus invited the world-weary to find true rest: “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light” (Matthew 11:28–30). The world’s yoke is exhausting; the Lord’s is life-giving!

By contrast, Scripture celebrates the tiredness that flows from wholehearted service to God. Paul urged believers, “Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ” (Colossians 3:23–24). This kind of labor—teaching Sunday school, visiting the shut-ins, praying faithfully, sharing the gospel, or training our families—may leave us physically spent, but it produces deep satisfaction.

Jesus modeled this good tiredness. After long days of teaching and healing, He often withdrew to pray (Mark 1:35; Luke 5:16), yet He rose early to continue the Father’s work. On the cross, having poured out His life completely, He declared, “It is finished” (John 19:30). His exhaustion accomplished eternal salvation. The apostle Paul echoed this when he wrote near the end of his life, “I have fought the good fight, I have finished the race, I have kept the faith” (2 Timothy 4:7).

Take a moment as you read this to examine your weariness. Is it the exhaustion of a cluttered calendar, or the fatigue of loving God and neighbor with all your strength (Mark 12:30-31)? The good kind of tired comes when we serve “by the strength that God supplies, in order that in everything God may be glorified through Jesus Christ” (1 Peter 4:11). It leaves us weary in body but renewed in spirit, with hearts full of purpose.

## On Our Prayer List... \*May we always be using God’s blessing & power of prayer for one another: Jesus told his disciples a parable to show them they should always pray & not give up. Luke 18:1.

**Recent Medical concerns/updates!** **Upcoming Surgeries-Recovery!**  
 \*Jackie Harvey – currently in ICU @ Horizon/ \*Sherry – been having BP issues. \*Kathy Martin – out-pt surgery on Tuesday, June 16th  
 \*Norman Gentry – back procedure last wk due to his fall – recovering @ hm. \*Marsha Patrick – recovery going well @ home  
 \*Joe James – had to have 2 surgeries – now in Smyrna Rehab – prayers for him & Betty. \*Rita Oliphant – will be having major surg soon – prayers.  
 \*Brody Fleming – fractured wrist – in cast for 6 wks \*Roxanne Fuqua (Mike Adam’s sister) had to have emergency surg on 6/15 due to a bleeding ulcer.

**THOSE DEALING/BEING TREATED FOR CANCER!**  
 \*Jimmy Phy – CA \*Chris McCurley – Walnut St COC \*Brian Gill – CA – treatments  
 \*Lillian Childress – successful radiation treatment \*Casey Vailes \*Mack Winstead – CA – continued prayers  
 \*Dale Street – (N. Buttrey grandfather) CA \*David Nowlin – CA treatments – WcoC elder  
 \*Hudson Jones – (2yr old son of Dan & Catherine, Walnut St COC – Leukemia) \*Jackie Borders – Lauren Stuart’s mom  
 \*Robert Gardner (friend of Bill Williams) CA \*Maggie Wright – (friend of N. Buttrey) CA  
 \*Alan Jones – esophageal CA – treatments \*Jerry Honea – cancer, prayers

**Listed below are those that are continuing to have on-going medical issues that are in need of our prayers.**  
 \*Marvin England \*Hattie Tate \*W. R. & Louise Long \*Al & Vicki Peek \*Jerry Martin \*Matt Tummins \*Mary Mulliniks  
 \*Bonita Madewell \*Becky Palk \*Jim & Betty Sudeath \*Chase Lewis \*Doug Simpson \*Joe Wright \*Judy Simpson  
 \*Sue Edmission \*Alyssa Gold \*Carolyn Wilson \*Scotty Palk \*Margie Gunn \*Josh Barnet \*Lance Davis  
 \*Frances Simpson \*Carlene Davis \*Daniel McCarson \*Marcia Simpson \*Nancy Daniel \*Claude Hurt \*Thelma Davidson  
 \*Savannah Patrick – (Rhett’s syndrome – Marsha Patrick’s granddaughter) c/o Jaimie Patrick – 111 McJury Lane, Lafayette, TN \*Rita Oliphant

<b>Assisted Living/Nursing Home/Rehab</b>	<b>At Home in McEwen</b>
<b>AHC Decatur County</b> – 726 Kentucky Ave, Parsons, TN 38363 <b>Wyle Marshall</b> – (Rm 726) (Traci Adams dad)	<b>Jim &amp; Jane Ridings</b> – 172 Indian Ck Rd
<b>Magnolia Place</b> – 811 W. Main St, Waverly, TN 37185 <b>Jimmy Tyler</b> – (room 106)	<b>Robert Bradford</b> – 347 Brown Mill Rd.
<b>Waverly Hills Post Acute</b> – 895 Powers Blvd, Waverly, TN 37185 <b>Bertha Bradford</b> – rm 102A	<b>Jimmy Mullinicks</b> – 56 Mike Street
<b>Humphreys County NH</b> 104 Fort Hill Rd. Waverly, TN 37185 – <b>Gary Davis</b> – in rehab there room 717 & <b>June Dreaden</b> – (Sonya Rachford’s mom) had to go to the hospital & stay for a few days – now back @HCNH . please continue to keep Sonya & family in yr prayers.	

### ANNOUNCEMENTS & UPCOMING EVENTS

Special thanks to all who helped make VBS last week a huge success. Many young & older hearts had an opportunity to experience God’s word & His ultimate gift of Jesus.  
 As Jesus said, “Let the little children come unto me and do not hinder them, for such belongs the kingdom of heaven.” Matt 19:14.  
 May we all child like be guilty of having a heart.



**You are all invited to a**  
**“Going Away Party” for “Rebecca Potter”**  
 on Sunday, July 5th from 12:00-4:00 here @ the building. Rebecca has taken a new music director/teaching position @ Chester County High School in Henderson, thus we are sad to say will be leaving us & McEwen. This will be a casual event, if you would like to help with this event you could bring an appetizer to share!

As Keith mentioned in his article Camp Leatherwood in 2 weeks. Please be praying for the kids, workers, weather & most of all souls to be reached &/or renewed!



## IN.F.O.C.U.S. Faith, Obedience, Character, Unity, Salvation

VBS week has come and gone, and oh what a week it was! We had a total of 1,078 people in attendance for the week. I am so thankful for everyone that helped to make it a great week. It is now time to shift my focus to church camp. As I am typing this article, we are just 2 weeks away from one of my favorite weeks of the year! Please begin praying for our week of camp. Pray for a successful week of spiritual growth for the kids and for good weather.

We were blessed to be able to have a devotional Sunday night after evening worship. We had 12 youth and 5 adults in attendance. We began with a devotional period of singing and a lesson, followed by a great meal prepared by Laurie. It is always a blessing to be able to end our weekends with our church family!

In Him, Keith

## SCHEDULE OF SERVICES

**Sunday, June 21<sup>st</sup> 2026**

**Welcome** .....Billy Buttrey  
**Lead Singing**.....Mark Forster  
**1<sup>st</sup> Prayer**.....Bruce Mayfield  
**Sermon**.....John Jones  
**Lord's Table**.....Keith Grigsby  
 Todd Mullinicks      Wendell Monroe  
 Calvin Buckner      Drew Buttrey  
 Ethan Tummins      Wayne Vaughn  
**Closing Prayer**.....Jon Holland  
**Collect Cards**.....Luke Wright  
 & Hudson Buttrey  
**Greeters**.....Kim & Andy Marlor  
**Nursery**..... *Not at this time*  
**Collect Cups**.....Youth  
**Security**.....Team #2

**Sunday 6PM June 21<sup>st</sup>, 2026**

**Lead Singing**.....Mark Forster  
**Prayer**.....Gerald Curtis  
**Sermon**.....John Jones  
**Lord's Table**.....Matthew Dotson  
 & Jesse Kilpatrick  
**Closing Prayer**.....Ty Adams

**Wednesday 6:30 PM, June 24<sup>th</sup>, 2026**

**Lead Singing**.....Bill Williams  
**Prayer**.....Andrew Peyton  
**Adult Class**.....John Jones

*\* If you are unable to serve.....please contact  
 Wade Tummins in advance. (cell 931-209-6291)*

*\*If changes need to be made in scheduling please  
 contact Jimmy Phy.*

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Return Service Requested



\*If you are unable to attend any service please tune in to our Facebook page or our YouTube page to watch the services. This is NOT a replacement for the command to assemble together as Christ's Body, but a tool for those who may be homebound/shut-in or sick.

**The MESSENGER is online!  
 Visit the church website  
 to view!**



### OUR RECORDS for 6/14/2026

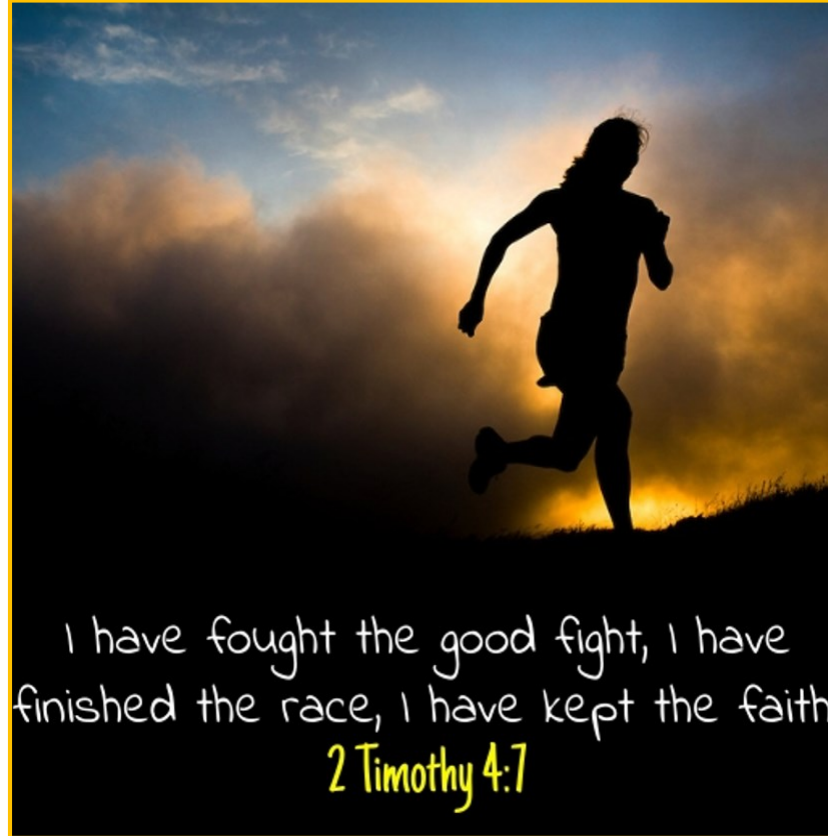
Sunday Morning Bible School ----- 106  
 Sunday Morning Worship ----- 170  
 Sunday Evening Worship ----- 115  
 Wed-Mid-Week Bible Study ----VBS-- 207  
 Sunday Contribution----- \$7,609



**The MESSENGER**  
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Week of June 14<sup>th</sup>

A Caring Church Lifting Up The CROSS And CROWN of CHRIST



### Schedule of Services

#### Sunday

Bible Study.....9:00am  
 Worship..... 10:00am  
 Evening.....6:00pm

#### Wednesday

Bible Study..... 6:30pm

#### Elders:

Calvin Buckner

Billy Buttrey      Bruce Mayfield  
 W.R. Long      Mike Robertson

#### Deacons:

Derek Berryman      Mike Burns  
 Wayne Coates      Mark Forster  
 John Hurt      Barry Phy  
 Robert Proctor      James Ridings  
 Joe Smith      Dwight Stuart  
 Ethan Tummins      Wade Tummins  
 Ronnie Tyler

#### Staff:

Ministers ----- Every Member  
 Pulpit ----- John Jones  
 Youth ----- Keith Grigsby  
 Secretaries ----- Terri Tummins  
 Teresa Fleming

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#### EVANGELISM PROGRAM

Continue to be:

1. Praying for those we are studying with
2. To provide new {Contact's} cards for us to reach out to.

Team - 2 there may be cards to work on downstairs this Wednesday night.